

# London

## on a journey of discovery

\*\*\*\*\* SPECIAL MOMENTS IN TIME \*\*\*\*\*

On our arrival day we attended a special event about inner health and happiness in London:

**Rachel Roselt, Director of Bvlgari Spa London**, has invited members and guests to attend a special event held at the hotel with a focus on learning about inner health and happiness from a collection of industry professionals.

**Lauren Murdoch Smith, British Vogue's Beauty & Lifestyle editor**, hosted a panel of experts to discuss how to maximise your inner health and happiness, and improve the way your body looks and feels.

Here are two books that were recommended to read:

*"Why we sleep" by Matthew Walker and "The Circadian Code" by Satchin Panda.*

As **Pearls of Switzerland** has also *wellness & beauty* offers for you, we recommend these Spas in London:

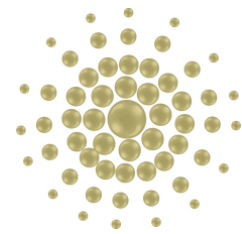
**BVLGARI**  
HOTEL LONDON



**MANDARIN ORIENTAL**  
**HYDE PARK**  
**LONDON**

The award-winning 2000m<sup>2</sup> Bulgari Spa, is one of the largest and most exclusive spas in central London. It offers the best for body and spirit wellness in a sumptuous and elegant context. Download [here](#) the Bulgari Spa brochure

Customized wellness experiences in Knightsbridge: here you can spend quality time together or enjoy the luxury of spending time on your own and get results-driven treatments. Download [here](#) the Mandarin Oriental Spa brochure



London has five international airports within a radius of 50km/31miles around London.

[City Airport](#) (LCY) | [Gatwick](#) (LGW) | [Heathrow](#) (LHR) | [Luton](#) (LTN) | [Stansted](#) (STN)

If you travel by train there is a direct train connection beneath the English Channel from Paris Gare du Nord, Brussels Midi/Zuid or Lille Europe to London St. Pancras International with direct access to the tube. [www.eurostar.com](http://www.eurostar.com) or [www.raileurope.co.uk](http://www.raileurope.co.uk)

If you book with us your stay in London also here the same as in Munich, we offer a free pick up service from the airport and transfer to the Hotel Bulgari, Mandarin Oriental Hyde Park London or The Bailey's Hotel by our partner **Blacklane**.

The first thing we recommend to you is to buy a multi-day travel card so you can get around the city on your own when you don't want to have a chauffeur all the time. Our recommendation is to buy an Oyster Card. The Oyster Card comes with a rechargeable chip and is available at every tube and train station. You can also order it online and it will get posted to your home, so that you will have it on arrival in London. Top it up with about £30 and you should be fine for the next 4 days.

### Accommodation

We have inspected hotels and recommend these Hotels to you for a memorable stay in one of the most historical and exciting city in the world.

- [Hotel Bvulgari London](#) with Spa 5\*
- [Hotel Mandarin Oriental Hyde Park London](#) with Spa 5\*
- [The Bailey's Hotel](#) 4\*

Here you find an example of an itinerary for London: [4 days/3 nights for two](#).

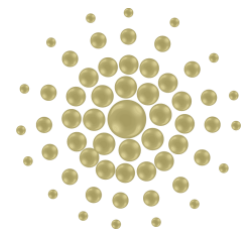
**Just book with us and we will start putting together a custom-made itinerary based on your personal requirements. Please fill out the inquiry form [here](#).**

### Discover with us what London has to offer

London's 2019 population is now estimated at 9 million and is the largest city in the United Kingdom. It is the [third largest city](#) in Europe, behind [Istanbul](#) and [Moscow](#).

Read [here](#) about the history of London.

**There so much more to be discovered than you'll ever see on the front of a postcard...**



## London for the shoppers

London is a shopper's paradise. The problem is where to start, what shops to visit and where to find them. Here we have listed our favourite one's - big department stores and small specialist boutiques.

### Knightsbridge

#### Harvey Nichols

109-125 Knightsbridge

In 1996, Harvey Nichols Group plc was listed on the London Stock Exchange, and launched the OXO Tower Restaurant, Bar and Brasserie on London's South Bank. In 1996, a national expansion began with the launch of Harvey Nichols Leeds, followed by **the first international store in Riyadh, Saudi Arabia, in 2000.**

Today, Harvey Nichols has seven stores within the UK and Ireland, consisting of five large-format stores in London, Edinburgh, Birmingham, Leeds and Manchester, and two small-format stores in Bristol and Dublin. In addition, Beauty Bazaar, Harvey Nichols Liverpool is a unique beauty concept store, housed over three floors within Liverpool ONE. *There are also seven large-format stores overseas: two in Turkey (Istanbul and Ankara), one in Riyadh, one in Dubai, two in Hong Kong and one in Kuwait.*

### Bond Street and Mayfair

#### Royal Arcade

28, Old Bond St.

The Arcade was constructed in 1879 and connects Old Bond Street with Albemarle Street in the heart of London's most exclusive shopping district, Mayfair.

#### Burlington Arcade

51, Piccadilly in Mayfair

Burlington Arcade is a covered mall of small exclusive shops. What makes Burlington Arcade unique is that you will find the oldest and smallest police force in the world there.

#### Louis Vuitton

39-42 New Bond St, Mayfair

#### Tiffany & Co.

25 Old Bond St, Mayfair

#### CHANEL

159, New Bond St. Mayfair

**Selfridges and Boodles** Exceptional Jewels and [Patek Philippe Watches](#)

178, New Bond Street, Mayfair

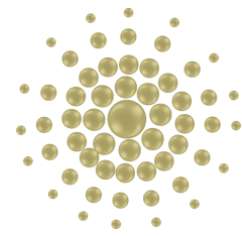
[IWC Schaffhausen](#) watch boutique London

138, New Bond Street, Mayfair

If you are in **Switzerland** in March don't miss **Basel World 2019** from the 21<sup>st</sup>–26<sup>th</sup>.

And next time you are in **Geneva** please take time out for a visit to the

[Patek Philippe Museum](#) or when in **Schaffhausen** to see the *Rhine Falls* you can visit also the [IWC Museum](#).



## Liberty London

*"Liberty is the chosen resort of the artistic shopper."* - Oscar Wilde

Liberty's collection of ornaments, fabric and objets d'art from around the world proved irresistible to a society intoxicated at the time by Japan and the East and Liberty effected social change in interior design and dress, so much so that the Art Nouveau period in Italy is called 'Liberty Style'.

Regent Street, **main entrance on Great Marlborough Street**

### [Burlington Arcade](#)

51 Piccadilly

### **Fortnum & Mason**

The Flagship store is on 181 Piccadilly and has been there for over 300 years.

### **Kids**

#### **Hamleys Toy Store**

188-196 Regent St., Soho

## Perfumes stores we recommend

### **Arabian Oud exclusively available in London**

In the bustling market of the old Alzal souk of Riyadh, a small fragrance boutique, stocking only the finest ingredients, opened its doors in 1982. This was the birthplace of Arabian Oud.

Sheikh Abdul-Aziz Al Jasser founded the store with one mission – to source and expertly blend the best oils and scents in the world. This uncompromising dedication to quality still guides the brand today.

Discover the **Arabian Oud** story [here](#)

435-437, Oxford Street

### **Harrod's Salon de Parfums 6<sup>th</sup> Floor** (entrance via Basil Street escalator only)

Visiting the store: The Harrods name is synonymous with luxury, excellence and service.

### **Royal Warrant holders of the British Royal Family**

[Floris](#) London British Family Perfumers since 1730

[Penhaligon's](#) Est. London 1870

### **Men shops**

There are some old family owned specialized shops in London only for men. Many of them are also Royal Warrant Holders!

**Bristol Cars** *Bristol Cars* has been manufacturing and trading hand-built luxury cars for over 70 years. Bristol is proud to announce [Bullet](#), a new limited edition model.

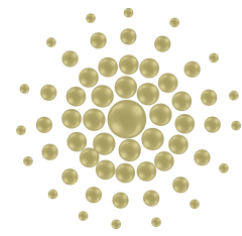
368-370 Kensington High Street

## London for foodies

### [London Borough Market](#)

If you are a food lover, then this should be on your itinerary. The origins of Borough Market hark back to the 13<sup>th</sup> century.

Address: 8 Southwark Street, London, SE1 1TL



## Dining

[The Great Chase British Halal Restaurant](#)  
[Kaspar's at The Savoy Seafood Restaurant](#)

## London Art & Culture

[The ten best museums in London](#) and they are free. Credit: Sarah Turner @forbes.com

### [The Wallace Collection](#)

A free national museum in an historic London town house with a collection of paintings, sculpture, furniture and arms and armour. In 25 galleries are unsurpassed displays of French 18th-century painting, furniture and porcelain with superb Old Master paintings and a world class armoury. You can eat Lunch at the Museum's [Peyton and Byrne](#) Restaurant.

Address: Hertford House, Manchester Square  
From 10am – 5pm

### [The Romanovs and the Royal Family: 300 Years of Common History](#)

Exhibition: The Queen's Gallery - Buckingham Palace  
Address: Buckingham Palace, Buckingham Palace Rd, London SW1A 1AA  
Runs until the 26<sup>th</sup> of April 2019.

### **Don't miss the future exhibition:**

Leonardo da Vinci: [A Life in Drawing 24 May – 13 October 2019](#)

A nationwide exhibition of drawings to celebrate the 500th anniversary of Leonardo's birth.

### **Victoria and Albert Museum**

[Christian Dior: Designer of Dreams](#) Explore the history and impact of one of the 20th century's most influential couturiers. On now until 14<sup>th</sup> July 2019, £20 - £24

[Fashion in Focus Tours](#). On now until 28<sup>th</sup> Feb. 2019 free event, daily from 3pm – 4pm

## London for the family or young travellers

### [The London Aquarium](#)

Seeing the fish and amphibians at the **SEA LIFE London Aquarium** is a very calming way to spend the day. Watch the penguins potter about or see the sharks gliding past in the huge tanks - if you time it right you can also catch the daily feeds.

### [The London Eye](#)

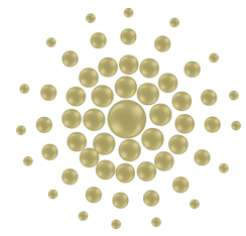
Built as part of the year 2000 millennium celebrations, it is now one the most popular attractions of all. Ride a giant big wheel 135 metres high taking 30 minutes to travel one revolution. The attraction was originally sponsored by British Airways. Nowadays the sponsor is Coca-Cola. You ride in a luxurious capsule in comfort; each capsule is fully air-conditioned to keep its visitors completely comfortable no matter what the temperature outside.

If dinosaurs, mammals and giant skeletons are popular with your children, you'll have to check out the [Natural History Museum](#) in London. An exciting museum for both children and adults.

Situated in Covent Garden, [London Transport Museum](#) is the world's leading museum of urban transport and an award-winning family day out – kids go free!

### [Growing Underground](#)

An urban farm housed within a previously abandoned World War II bomb shelter. They offer growing underground urban farm tours.



## Getting around in London

[Maps](#)

[Public Transportation](#)

### Oyster Card

The Oyster Card comes with a rechargeable chip and is available at every tube and train station or can be ordered at home. Go to [visitbritainshop.com](http://visitbritainshop.com), buy an oyster card and it will get posted to your home. Top up your card with credit and you're good to go!

**Taxis** +44 (0)871 871 8710

Please feel free to contact [reservations@pearlsofswitzerland.com](mailto:reservations@pearlsofswitzerland.com) if you like to book a trip to London.

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